

PARENTS UNITED, A CONSORTIUM OF SCHOOL DISTRICTS FROM:
ARROWHEAD, EAST TROY, ELMBROOK, FRANKLIN, GREENDALE, HAMILTON, HARTLAND/LAKESIDE,
KETTLE MORaine, LAKE COUNTRY, MENOMONEE FALLS, MEQUON/THIENSVILLE, MERTON,
MUKWONAGO, MUSKEGO/NORWAY, NEW BERLIN, NORTH LAKE, OCONOMOWOC, PEWAUKEE,
RICHMOND, STONE BANK, SWALLOW, WATERFORD, WATERTOWN & WAUKESHA

PRESENTS:

SELF REGULATION STRATEGIES ***to*** ***REDUCE STRESS & ANXIETY***

GUEST SPEAKER

DANIEL PARKER

ADMINISTRATIVE CONSULTANT, FAMILY ENGAGEMENT & AUTISM, DPI

***Identify & use self-regulation techniques that fit students'
skills, needs & interests**

***Discuss importance of adults to co-regulate & model strategies**

***Discuss other types of text (videos, apps, songs, cartoons, graphic novels,
coloring books, journals & more) to learn self-regulation & self-care**

OCTOBER 4, 2016

6:00 p.m. – 8:30 p.m.

**Country Springs Hotel & Conference Center
Golf Road, Pewaukee**

This is a FREE workshop for all families, faculty & community members

Please email: ediescott1950@zoho.com if interested in attending